



Yummy Autumn 2022 Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	Offered at 10am A café style snack is available inside & outside for the Ladybird & Dragonfly children, milk is offered to all children.				
Lunch <i>1st Course</i>	Lentil & Vegetable Flaky Pie, cauliflower & crusty bread	Chicken & Sweetcorn Bake, potato wedges & broccoli	Lamb Casserole, colcannon mash & brussel sprouts	Smoked Haddock & Spinach Crumble, baby potatoes, seasonal vegetables	Vegetarian Hotpot, Yorkshire pudding & swede
<i>2nd Course</i>	Bananas & custard	Stewed Apple & cinnamon	Semolina & blackberry jam	Sticky Toffee Pudding	Sliced apple & blackberry dip
Afternoon snack	Café style snack at 2pm – fruit or vegetable based, milk or water to drink				
Tea <i>1st Course</i>	Sausages, Baked Apple & Squash Risotto, kale	Gnocchi with super green sauce & mushrooms	Beetroot Pizza, crunchy green salad	Autumn Vegetable Soup	Sardine & Cream Cheese Bagels, sliced cucumber & kohlrabi
<i>2nd Course</i>	Ginger, Sunflower Seed & Maple Syrup Scone	Shortbread	Orange Sorbet	Hummus, Flatbread & crudité	Cherry & Coconut Tart



Yummy Autumn 2022 Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	<p>Offered at 10am</p> <p>A café style snack is available inside & outside for the Ladybird & Dragonfly children, milk is offered to all children.</p>				
Lunch <i>1st Course</i>	Chicken Curry, white rice & peas	Vegetable Gratin, sauté potatoes & cauliflower	Cod in Parsley Sauce, potato wedges & medley of vegetables	Cumberland Pie, mashed root vegetables & wholemeal bread	Lentil Bolognese, tagliatelle & carrots
<i>2nd Course</i>	Fresh Pineapple & Toasted Coconut	Apple Cake & Custard	Fruit Salad	Baked Rice Pudding & Soaked Sultanas	Beetroot Brownie
Afternoon snack	<p>Café style snack at 2pm – fruit or vegetable based, milk or water to drink</p>				
Tea <i>1st Course</i>	Tuna & Olive Spirals, rocket salad	Pumpkin, Lentil & Sage Soup	Vegetable & Chickpea Tagine, couscous & harissa	Broccoli Fitter, corn wheels & tomato salsa	Mexican Chicken, wholemeal wrap, slaw & guacamole
<i>2nd Course</i>	Apricot & Yoghurt Muffins	Red Pepper Scone, Wensleydale cheese & gammon	Ginger Snap	Cranberry & Orange Loaf Cake	Frozen Yoghurt



Yummy Autumn 2022 Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	Offered at 10am A café style snack is available inside & outside for the Ladybird & Dragonfly children, milk is offered to all children.				
Lunch <i>1st Course</i>	Celeriac & Butterbean Soup	Mini poppadum, pepper sticks, yoghurt & mango dip	Sweet Potato & Butternut Squash Crumble, egg & sauté potatoes,	Fish Goujons, pitta bread, tartare sauce & minted vegetables	Macaroni Cheese, green beans
<i>2nd Course</i>	Bread, Smoked Mackerel Pate & cucumber	Cauliflower, Spinach & Lentil Curry, basmati rice	Bread & Butter Pudding	Vanilla Ice-Cream	Oat Cookie
Afternoon snack	Café style snack at 2pm – fruit or vegetable based, milk or water to drink				
Tea <i>1st Course</i>	Coronation Chicken, herby potatoes, carrots	Pork, Pak Choi & Beansprouts in ginger sauce with egg noodles	Leek & Thyme Quiche, freekeh salad	Venison Ragù, jacket potato & root vegetables	Turkey Meatballs, jewelled couscous, paprika & pepper dip
<i>2nd Course</i>	Ginger Cake	Date Flapjack	Fruit Smoothie	Lemon Sponge & blueberries	Fromage Frais, fig & honey compote