



Yummy Winter 2020 Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	Offered at 10am A café style snack is available inside & outside for the Ladybird & Dragonfly children, milk is offered to all children.				
Lunch <i>1st Course</i>	Turnip & lentil chilli, home-baked nachos celery sticks [V]	Pork stroganoff, brown rice, steam greens	Squash, sweet potato & chickpea stew, roast garlic yoghurt [V]	Beef goulash, polenta, braised leeks	Game & barley pie, sprouts & braised red cabbage
<i>2nd Course</i>	Winter Fruit Salad	Baked apples	Fig & orange scone	Homemade oatcakes, Yorkshire cheeses	Speculaas biscuits
Afternoon snack	Café style snack at 2pm – fruit or vegetable based, milk or water to drink				
Tea <i>1st Course</i>	Turkey burger in pitta pockets, root vegetable wedges & tomato relish	Jerusalem artichoke gratin, hispi cabbage [V]	Smoked haddock chowder & sweetcorn bread	Forest green pasta, [spinach & broccoli sauce] sautéed mushrooms [V]	Spiced cauliflower soup [V]
<i>2nd Course</i>	Cinnamon & raisin ice cream	Steamed ginger pudding & custard	Sliced apple & blackberry dip	Spelt & cranberry cookie	Carrot cheese & chive toastie fingers, tomato slices [V]



Yummy Winter 2020 Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	<p>Offered at 10am</p> <p>A café style snack is available inside & outside for the Ladybird & Dragonfly children, milk is offered to all children.</p>				
Lunch <i>1st Course</i>	Pork & bean burritos, apple salad & sweet corn relish	Yummy dips & vegetable sticks [V]	Chicken & butterbean stew, January king cabbage	Sneaky Pie, simple watercress salad [V]	Roast chicken, herby potatoes & seasonal vegetables
<i>2nd Course</i>	Winter fruit layered yoghurt pot	Seasonal fish cake, tartar sauce, peas & carrots	Poached pears & fromage frais	Baked rice pudding & stewed figs	Very berry trifle
Afternoon snack	<p>Café style snack at 2pm – fruit or vegetable based, milk or water to drink</p>				
Tea <i>1st Course</i>	Root vegetable & lentil cobbler, sprouts [V]	Duck & lentil ragu, jacket potato & chard	Beetroot pizza with cheddar Rainbow salad [V]	Thai Beef Noodles, pak choi & broccoli	Parsnip & lentil dahl, kale & flat breads [V]
<i>2nd Course</i>	Festive flapjack	Plum & coconut slice	Banana bread	Grilled pineapple	Stewed seasonal fruits



Yummy Autumn 2020 Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	<p>Offered at 10am</p> <p>A café style snack is available inside & outside for the Ladybird & Dragonfly children, milk is offered to all children.</p>				
Lunch <i>1st Course</i>	Tuna & avocado quesadilla cucumber slices	Lamb & vegetable tagine, fruity couscous	Vegetarian Haggis, neeps & tatties, kale [V]	Honey roast gammon, apple, & red cabbage slaw, crusty bread	Quorn moussaka, freekeh & Greek Salad [V]
<i>2nd Course</i>	Pancake bite with yoghurt	Marmalade bread & butter pudding	Parsnip & orange cake	Cheese & pear scone, grapes	Banana Pops
Afternoon snack	<p>Café style snack at 2pm – fruit or vegetable based, milk or water to drink</p>				
Tea <i>1st Course</i>	Toad in the hole, mash potato, roast parsnips & green beans	Roast tomato starry soup [V]	Chicken, leek, tomato & mozzarella fold overs	3 bean curry, pilaf rice, carrots [V]	Home-made fish finger, sauté potatoes & mushy peas
<i>2nd Course</i>	Fruit cake	Cauliflower cheese muffins, veg sticks	Mulled fruit jelly	Semolina pudding, blackberry & chia compote	Satsumas & malted chocolate coins