



# Yummy Summer 2019 Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning snack</b>	Offered at 10am A café style snack is available inside & outside for the Ladybird & Dragonfly children, milk is offered to all children.				
<b>Lunch</b> <i>1<sup>st</sup> Course</i>	Pea & ham risotto with rocket, spring onion and radish salad	Chicken, chorizo & cannellini bean tray bake, braised chard	Chinese pork, egg fried rice & bok choy	Quorn pieces, quinoa, broad bean and egg salad	Roast beef & caramelised onion sandwiches, cucumber sticks
<i>2<sup>nd</sup> Course</i>	Fresh nectarine & orange slices	Banana & custard	Watermelon slices	Apricot flapjack	Rainbow fruit kebabs
<b>Afternoon snack</b>	Offered at 2pm A café style snack is available inside & outside for the Ladybird & Dragonfly children, milk is offered to all children.				
<b>Tea</b> <i>1<sup>st</sup> Course</i>	Spaghetti bolognaise with seasonal vegetables	Red pepper, lentil & tomato soup with cheesy croutons	Summer chicken stew with peas, leeks & courgettes crusty bread	Venison hot dogs, tomato jam & baby corn	Smoked haddock fishcakes, bulgur wheat, peppers & spinach
<i>2<sup>nd</sup> Course</i>	Courgette cake, lime & cream cheese frosting	Lemon & rosemary scones	Kiwi & coconut meringues	Blueberry ice cream	Gooseberry & elderberry fool with ginger crumble topping



# Yummy Summer 2019 Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning snack</b>	<p>Offered at 10am</p> <p>A café style snack is available inside &amp; outside for the Ladybird &amp; Dragonfly children, milk is offered to all children.</p>				
<b>Lunch</b> <i>1<sup>st</sup> Course</i>	Scrambled eggs on toast, mushrooms, tomatoes & spinach pesto	Mackerel, beetroot & leek pasta bake	Chicken parmesan nuggets, baby gem wedges & potato salad	Hummus, cucumber & celery sticks	Lamb tagine & apricot couscous
<i>2<sup>nd</sup> Course</i>	Garibaldi biscuits	Raspberry sorbet	Grilled peaches, cream cheese & honey	Pea & avocado fritters, flatbread, heritage tomato, salad, mint yoghurt	Mango & passion fruit mousse
<b>Afternoon snack</b>	<p>Offered at 2pm</p> <p>A café style snack is available inside &amp; outside for the Ladybird &amp; Dragonfly children, milk is offered to all children.</p>				
<b>Tea</b> <i>1<sup>st</sup> Course</i>	Chicken korma basmati rice poppadums'	Jacket potatoes, leeks, cottage cheese, tomato & cucumber	Ham & broccoli macaroni cheese	Beef tacos, guacamole, tomato salsa	Watercress & potato soup seeded wholemeal bread
<i>2<sup>nd</sup> Course</i>	Minted melon	Tropical fruit muffin	Rice pudding with Strawberry jam	Semolina pudding with rhubarb compote	Fish finger, lemon & iceberg wraps



# Yummy Summer 2019 Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning snack</b>	<p>Offered at 10am</p> <p>A café style snack is available inside &amp; outside for the Ladybird &amp; Dragonfly children, milk is offered to all children.</p>				
<b>Lunch</b> <i>1<sup>st</sup> Course</i>	Chicken Caesar salad	Chickpea & halloumi Burger, sweet potato slices &	Salmon, whole-wheat pasta, mange tout, shaved fennel & pesto	Three bean curry brown rice, sour cream, runner beans	Shepherd's pie, peas and carrots
<i>2<sup>nd</sup> Course</i>	Cheese & biscuits and Incy Wincys chutney	Fruit salad	Strawberries & cream	Pineapple upside down cake	Ploughman's scones & apple slices
<b>Afternoon snack</b>	<p>Offered at 2pm</p> <p>A café style snack is available inside &amp; outside for the Ladybird &amp; Dragonfly children, milk is offered to all children.</p>				
<b>Tea</b> <i>1<sup>st</sup> Course</i>	Lamb & potato curry summer cabbage	Sticky sausages with broccoli, pearl barley red onion & tomato	Mediterranean vegetable lasagne, Tabbouleh salad	Tuna pitta pockets, coleslaw, cucumber slices	Summer panzanella salad with grilled chicken strips
<i>2<sup>nd</sup> Course</i>	Cherry frozen yoghurt	Chocolate chip cookies & oranges	Blackberry jelly	Sunflower seed granola bar	Summer fruit drizzle cake

