



# Yummy Winter 2018 Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning snack</b>	Offered at 10am A café style snack is available inside & outside for the Ladybird & Dragonfly children, milk is offered to all children.				
<b>Lunch</b> <i>1<sup>st</sup> Course</i>	Beetroot & Tomato Risotto with spring onion & rocket salad	Sausage & Bean Casserole, celeriac mash & peas <i>Take Home Meal</i>	Chicken, Chorizo & Potato Stew with savoy cabbage	Mediterranean Vegetable Orzotto with marinated cheese cubes	Red Lentil & Sweet Potato Dahl, spinach, & naan bread
<i>2<sup>nd</sup> Course</i>	Seeded Oatcakes & Cream Cheese	Spiced Shortbread	Oaty Apple Crumble & Custard	Cinnamon & Raisin Ice Cream	Cardamon Rice pudding
<b>Afternoon snack</b>	Offered at 2pm A café style snack is available inside & outside for the Ladybird & Dragonfly children, milk is offered to all children.				
<b>Tea</b> <i>1<sup>st</sup> Course</i>	Tuna & Vegetable Pasta Bake <i>Take Home Meal</i>	Cauliflower & Cannelini Soup	Traditional Lasagne, Watercress & lentil salad <i>Take Home Meal</i>	Chicken Curry, pilaf rice & poppadums	Hummus & Veg Sticks
<i>2<sup>nd</sup> Course</i>	Wholemeal Drop Scones & berry compôte	Baked Potato stuffed with cottage cheese, garlic, leeks	Orange & Cranberry Scones	Fresh Pineapple & toasted coconut	Beef Burgers, sweetcorn relish & sweet potato wedges

Ladybirds and Dragonflies have access to a bowl of seasonal fruit throughout the day



# Yummy Winter 2018 Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning snack</b>	Offered at 10am A café style snack is available inside & outside for the Ladybird & Dragonfly children, milk is offered to all children.				
<b>Lunch</b> <i>1<sup>st</sup> Course</i>	Glamorgan Sausages, Beans & Wholemeal Toast	Winter Panzanella Salad with roasted cauliflower	Pork & Apple Casserole, potato farls & sprouts	Spicy Roasted Tomato Soup, Cheesy Straws	Smoked haddock Chowder with braised leeks <i>Take Home Meal</i>
<i>2<sup>nd</sup> Course</i>	Carrot Cupcake	Orange Jelly	Rhubarb Fool	Turkey sandwich	Cheese Scone & Grapes
<b>Afternoon snack</b>	Offered at 2pm A café style snack is available inside & outside for the Ladybird & Dragonfly children, milk is offered to all children.				
<b>Tea</b> <i>1<sup>st</sup> Course</i>	Lamb, Red Pepper & Split Pea Stew, giant couscous & seasonal greens <i>Take Home Meal</i>	Braised Beef & horseradish cobbler, roasted carrots & parsnips <i>Take Home Meal</i>	Carrot & Lentil Cakes, cucumber raita, braised chicory <b>NOTE: Rangers OSC Toasties</b>	Beef & Ginger Noodles with Chinese cabbage	Popcorn Chicken, tomato ketchup, wholemeal wraps & vegetable sticks
<i>2<sup>nd</sup> Course</i>	Minted Melon	Pear & Ginger Cake	Bread, Butter & Banana Pudding	Fruit Yoghurt	Chocolate Mousse with sliced bananas

Ladybirds and Dragonflies have access to a bowl of seasonal fruit throughout the day



# Yummy Winter 2018 Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning snack</b>	<p>Offered at 10am</p> <p>A café style snack is available inside &amp; outside for the Ladybird &amp; Dragonfly children, milk is offered to all children.</p>				
<b>Lunch</b> <i>1<sup>st</sup> Course</i>	Butternut Squash, Purple Sprouting Broccoli & Pearl Barley Salad with feta cheese	Herb Crusted Haddock, Moroccan & Tomato Salad & crusty wholemeal bread	Turnip & Lentil Chilli with quinoa and guacamole	Roast chicken with sweet potato, pineapple & pepper pot	Quorn Shepherds Pie, carrots & curly kale
<i>2<sup>nd</sup> Course</i>	Blackberry & Apple Frozen Yoghurt	Yoghurt, Cherry & Oatmeal Muffin	Plum & Coconut Slice	Winter Fruit Salad	Semolina with sticky date & orange compôte
<b>Afternoon snack</b>	<p>Offered at 2pm</p> <p>A café style snack is available inside &amp; outside for the Ladybird &amp; Dragonfly children, milk is offered to all children.</p>				
<b>Tea</b> <i>1<sup>st</sup> Course</i>	Venison Stew & Dumplings with braised red cabbage <i>Take Home Meal</i>	Beef Bolognese, Spaghetti & sweetcorn	Lamb, Chickpea & Potato Curry with cauliflower rice <i>Take Home Meal</i>	Salmon Fishcakes, boiled egg & broccoli salad, tartare sauce	Ploughman's -ham, tomato, celery, apple & chutney served with crusty bread
<i>2<sup>nd</sup> Course</i>	Fruity Flapjack	Roasted Stone Fruit with granola nuggets	Sliced Apple & Pears with Greek yoghurt	Lemon Meringue Kisses	Fruit cake & wensleydale cheese

Ladybirds and Dragonflies have access to a bowl of seasonal fruit throughout the day