



# Yummy Autumn Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning snack</b>	Yoghurt & granola	Crackerbread & marmite	Muffin & cheese	Banana on toast	Warm bread & butter
<b>Lunch</b> <i>1<sup>st</sup> Course</i>	Turkey meatballs, tagliatelle & cucumber sticks	Bolognese polenta Bake & calebrese	Pepper, buckwheat & tofu autumn stew	Dhal with potatoes & spinach	Mushroom & thyme roll, baked beans
<i>2<sup>nd</sup> Course</i>	Cranberry loaf	Crackle biscuit	Semolina & spiced fruit compote	Fruity coconut cake	Courgette & banana oatmeal bar
<b>Afternoon snack</b>	Pitta chips, mashed avocado	Pears	Half-time oranges	Vegetable sticks & dip	Snack peppers & cream cheese
<b>Tea</b> <i>1<sup>st</sup> Course</i>	Chickpea taquitos	Moroccan spiced soup with cheese & olive breadsticks	Beetroot & lentil burger, couscous salad	Pork & apple casserole, pearl barley & kale	Picnic Basket Surprise
<i>2<sup>nd</sup> Course</i>	Clementine	Yoghurt, fig & apple puree	Fruit jelly & home-made ice cream	Cheese Biscuit & Grapes	



# Yummy Spring Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	Mozzarella & tomato	Melon	Toasted Pikelets	Lentil Cake & cottage cheese	Cracker & cucumber
Lunch 1 <sup>st</sup> Course	Pumpkin & split pea soup, potato & rosemary focaccia	Quorn mince & onion pie with cabbage	Chickpea & squash curry, sag aloo & poppadums	Fish pie, peas & green beans	Gammon, brussel sprout gratin & crusty wholemeal bread
2 <sup>nd</sup> Course	Pear & ginger muffin	Eve's pudding	Mango fingers	Bread pudding	Edam & apple
Afternoon snack	Popcorn or corn cake	Nachos & peacamole	Celery & herby cream cheese	Carrot sticks	Kiwi fruit
Tea 1 <sup>st</sup> Course	Italian sausage & bean stew, roast celeriac & potatoes	Loaded Mexican potatoes	Chicken strips, courgette orzotto	Singapore rice noodles with Pak Choi (Egg)	Picnic Basket Surprise
2 <sup>nd</sup> Course	Warm fruit salad & vanilla sauce	Baked churros bites	Bircher bowls	Grilled pineapple	



# Yummy Autumn Menu – Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning snack</b>	Egg & soldiers	Oat cake & grapes	Bagel	Potato wedges	Breadsticks & apple slices
<b>Lunch</b> <i>1<sup>st</sup> Course</i>	Roast chicken, mashed potatoes & swede, broccoli & gravy	Sweetcorn chowder & potato waffles	Turnip chilli, rice & cauliflower	Venison lasagne, Salad & parsnip crisps	Pizzettas, little gem & celery
<i>2<sup>nd</sup> Course</i>	Apple & blackberry crumble	Butter bean hummus & vegetable sticks	Malt chocolate coins	Fresh plums	Pancakes & blackberry sauce
<b>Afternoon snack</b>	Cocktail sausages	Pineapple	Bananas	Cornwheels	Children fruit choice
<b>Tea</b> <i>1<sup>st</sup> Course</i>	Tuna pasta bake, peppers	Slow cooker pulled pork, flatbread & rainbow slaw	Cheese, onion & potato pie, leeks & tomato slices	Greek lentil patties, pitta & tzatziki	Picnic Basket Surprise
<i>2<sup>nd</sup> Course</i>	Frozen fruit yoghurt	Date scone	Fruit salad	Citrus rice pudding	