



Yummy Spring 2024 - Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	<i>A café style snack around 10am - milk is offered to all children.</i>				
	Lentil cake & banana	Cheese cubes & olives	Ryvita & beetroot butter	Mango fingers & poppadums	Bagel bites
Lunch <i>1st Course</i>	Vegetable & chickpea soup	Lentil wellington, asparagus & seasonal greens	Beef bourguignon, mashed potato & cabbage	Spinach & sweet potato dahl, cauliflower	Orzo stuffed peppers topped with crispy chicken strips
<i>2nd Course</i>	Toasted carrot bread, hard-boiled egg & mange tout	Marmalade & ginger cake	Baked fruit	Cardamon ice-cream	Chia pudding & berries
Afternoon snack	<i>Café style snack around 2pm - milk or water to drink</i>				
	Strawberry yoghurt	Rice crackers	Pears	Grapes	PYO Fruit
Tea <i>1st Course</i>	Salmon & sweet potato muffin, celery	Spring vegetable stir fry	Sweetcorn & chickpea pancake, salsa Verde	Cream cheese with cucumber & tuna mayonnaise sandwiches, cherry tomatoes	Picnic basket surprise
<i>2nd Course</i>	Coconut kisses	Fruit salad	Bean burrito cups	Anzac biscuit	



Yummy Spring 2024 - Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	<i>A café style snack around 10am - milk is offered to all children.</i>				
	Buttered toast & marmite	Omelette strips	Savoury rice	Seeded oatcakes & celery	Cottage cheese & herb blini
Lunch 1st Course	Glamorgan sausages, onion relish, potato salad & green beans	Mackerel in tomato sauce, wholemeal spaghetti, broad beans	Lentil balls, soft pitta & tzatziki, roasted courgettes	Vegetable & bean ragu, sweet potato & sugar snap peas	Carrot soup
2nd Course	Brain box cookies	Apple & gooseberry sponge	Chewy oat bar	Greek yoghurt & apricots	Cheesy bread twist, sliced roast beef, tomato slices & apple crisps
Afternoon snack	<i>Café style snack around 2pm - milk or water to drink</i>				
	Popcorn* &/or Satsuma <small>*Pre-school only</small>	Avocado dip & breadsticks	Watermelon	Blueberry fromage frais	PYO Fruit
Tea 1st Course	Beef & vegetable stew with dumplings	Black bean & quinoa skillet, celeriac oven chips	Lemon garlic chicken, couscous & vegetable sticks	Mushroom pizza, slaw & salad leaves	Picnic basket surprise
2nd Course	Melon	Mixed berry sorbet	Bananas & custard	Currant biscuit	



Yummy Spring 2024 - Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	<i>A café style snack around 10am - milk is offered to all children</i>				
	Buttered crumpet	Potato wedges	Wholemeal muffin	Yoghurt & toasted oats	Mozzarella & tomato bruschetta
Lunch <i>1st Course</i>	Rainbow bhajis, coriander dip	Roast chicken & roots, kale & gravy	Spinach & tofu cannelloni, carrot batons	Pea, mint & spring onion soup	Fish & spring vegetable crumble, new potatoes & green beans
<i>2nd Course</i>	Pork curry, cauliflower rice & yoghurt flatbreads	Nectarine & coconut crumble	Frozen yoghurt	Crackers, cheese, & rhubarb chutney	Lemon rice pudding
Afternoon snack	<i>Café style snack around 2pm - milk or water to drink</i>				
	Kiwi fruit	Baby corn	Apple slices & berries	Sourdough cracker & pomegranate	PYO Fruit
Tea <i>1st Course</i>	Mixed vegetables loaded potatoes	Felafel burger, herb risotto & tomatoes	Vegetarian fatayer puffs & red pepper bulgar wheat	Lamb & macaroni bake, purple sprouting broccoli	Picnic basket surprise
<i>2nd Course</i>	Apple muffins	Semolina & soaked sultanas	Cherry scones	Orange jelly	