



Yummy Summer 2021 Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	<p>Offered at 10am</p> <p>A café style snack is available inside & outside for the pre-school children, milk is offered to all children.</p>				
Lunch <i>1st Course</i>	Spanish chicken, lyonnaise potatoes, steamed broccoli	BBQ pulled jackfruit wholemeal wraps, quinoa salad	'Little Growers' risotto with rainbow salad	Falafel, coriander & lemon couscous, tomatoes & aubergine	Tomato summer soup
<i>2nd Course</i>	Banana & chia muffins	Yoghurt with seasonal fruit compote	Mixed fruit scones	Courgette cake with lime frosting	Fish goujons, roasted new potatoes & minted mushy peas
Afternoon snack	<p>Café style snack at 2pm – fruit or vegetable based, milk or water to drink</p>				
Tea <i>1st Course</i>	Chickpea & lentil curry with pilau rice, spiced aubergine chunks	Salmon fishcakes, sweet potato wedges, sauté green beans, tomato & basil Sauce	Beef stifado, herby pasta, green beans	Tandoori chicken, mint raita, salad & garlic naan bread	Three cheese, chive & caramelised onion quiche, super green freekeh salad
<i>2nd Course</i>	Lemon mousse	Cheese, biscuits, grapes & cucumber	Beetroot & chocolate brownie	Fruit salad	Strawberry ice-cream



Yummy Summer 2021 Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	<p>Offered at 10am</p> <p>A café style snack is available inside & outside for the Ladybird & Dragonfly children, milk is offered to all children.</p>				
Lunch <i>1st Course</i>	Three bean con-carne with guacamole, basmati rice & sweet corn	Lentil & vegetable balls, wholemeal spaghetti, mixed leaf salad	Garlic & herb breaded chicken, tropical bulgur wheat, roast cherry tomatoes	Cajun baked salmon, Mediterranean vegetables & orzo pasta	Red pepper, red onion & spinach frittata, Spanish salad
<i>2nd Course</i>	Rhubarb yogurt	Coconut & stem ginger flapjack	Lemon & fresh thyme shortbread	Fruit foragers swiss roll	Mixed berry & peaches topped with granola, yoghurt
Afternoon snack	<p>Café style snack at 2pm – fruit or vegetable based, milk or water to drink</p>				
Tea <i>1st Course</i>	Pork, mixed greens, mushrooms & beansprouts in ginger sauce, buttery noodles	Hunter's chicken, coleslaw, hasselback potatoes	Cheese, chive & smoked paprika potato skins	Cauliflower & butterbean korma with pilau rice & swiss chard	Turkish style pizza, summer salad
<i>2nd Course</i>	Raspberry & white chocolate muffins	Chilled rice pudding with strawberries	Chickpea & lentil burger, tomato relish, coriander & orange slaw	Mango & mint sorbet	Fruits of the forest jelly



Yummy Summer 2021 Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	<p>Offered at 10am</p> <p>A café style snack is available inside & outside for the Ladybird & Dragonfly children, milk is offered to all children.</p>				
Lunch <i>1st Course</i>	Chickpea saag, pilau rice, roast peppers	Lamb tagine, coriander & orange couscous, grilled aubergine & tomato	Roast smoked haddock, cherry tomatoes, spinach, diced potatoes	Baked ham, soft poached egg, asparagus tips, spiced butterbeans	Greek chicken gyros, pitta bread, tzatziki, feta salad
<i>2nd Course</i>	Oat & gooseberry slice	Rhubarb fool	Strawberry shortcake	Summer fruit crumble with Greek yogurt	Fruit salad
Afternoon snack	<p>Café style snack at 2pm – fruit or vegetable based, milk or water to drink</p>				
Tea <i>1st Course</i>	Chicken fajitas, sour cream, tossed salad & salsa	Flatbread topped with pesto & melted cheese, with cherry tomatoes	Teriyaki 'Yorkshire Dama', stir-fry mange tout, peppers & baby corn, coconut rice	Puy lentil bolognese, basil & olive oil spaghetti, mixed leaf salad	Smoky beans, sweet potatoes with cheese & steamed greens
<i>2nd Course</i>	Baked churros	Tomato & basil Quorn, mixed grain salad, roasted cauliflower	Peach melba frozen yogurt	Baked lemon cheesecake	Digestive biscuit & berries